



Disaster Recovery Checklist for Dental Practices

Can your practice recover in under an hour?

Use this quick checklist to assess your readiness:

Backup Systems

- Backups are **access-controlled**
- You have **HIPAA-compliant redundant backups** (local and cloud)
- Data is **backed up automatically** at least daily
- Backup systems are **monitored 24/7 for failures**

Notifications & Escalation

- Your IT provider is **alerted immediately if a backup fails**
- There's a **clear point of contact** during a disaster event
- Staff knows** who to call and what to do in case of downtime

Recovery Readiness

- Your systems can be **restored within 1 hour**
- You've run a **successful recovery test** in the past 6 months
- You have documentation** on recovery steps & contingencies



Red Zone (0-3 boxes checked)

Your practice is at risk.



Yellow Zone (4-6 boxes checked)

Some gaps.
Time for a tune-up.



Green Zone (7-9 boxes checked)

You're in great shape.

Have gaps? Fill them in by contacting us today!